

Produced and Directed by Cintia Cabib

www.communityofgardeners.com Running Time: 60 minutes

Press inquiries:

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# SYNOPSIS

Throughout Washington, D.C., people of all ages, backgrounds and nationalities are gardening side by side, growing vegetables, fruits and flowers in community gardens. Some are looking for basic sustenance, others for a way to remember their homelands, still others for a place to find a respite from their troubles. Through the voices of young people, senior citizens, immigrants, garden volunteers and educators, *A Community of Gardeners* explores the vital role of seven urban community gardens as sources of fresh, nutritious food, outdoor classrooms, places of healing, links to immigrants' native countries, centers of social interaction, and oases of beauty and calm in inner-city neighborhoods. The film also traces the history of community gardens in the United States, from the potato patch farms of the late 19th century, to the victory gardens of World War II, to community gardening's current renaissance.

# THE GARDENS

# 7<sup>th</sup> Street Garden



The 7<sup>th</sup> Street Garden, renamed Common Good City Farm after moving to a new location, is a communal garden serving Washington, D.C. residents. In a unique work-exchange program, local residents volunteer in the garden in exchange for fresh fruits and vegetables.

# Fort Stevens Community Garden



The Fort Stevens Community Garden is a multicultural garden with African, Latino, Caribbean and Africa American gardeners, many of whom grow fruits and vegetables that are native to their homelands.

# Nature's Retreat at C. Melvin Sharpe Health School



Students facing physical and cognitive challenges work in this handicappedaccessible school garden, connect with nature, and experience the sensory aspects of the garden.

## Pomegranate Alley Community Garden



The Pomegranate Alley Community Garden, a former weed- and druginfested alley, was transformed by Capitol Hill residents into a peaceful woodland oasis with 13 garden plots.

## Washington Youth Garden



At the Washington Youth Garden, parents and their children adopt a garden plot, grow vegetables, and develop healthier eating habits in the garden's "Growing Food...Growing Together" program.

## **Melvin Hazen Community Garden**



The Melvin Hazen Community Garden, a former World War II victory garden, is now home to over 100 gardeners. The National Park Service provides the land and the water.

## **Marion Street Garden**



The Marion Street Garden is an intergenerational garden established by the non-profit organization City Blossoms. It serves both children and adults in Washington, D.C.'s Shaw neighborhood.

## **History of Community Gardening**



The documentary traces the history of community gardens in the U.S. and reveals the important role they have played in times of war, economic depression and recession, and during periods of heightened environmental awareness.

## **Producer and Director**



Cintia Cabib is an independent producer, videographer, and editor. Her documentaries have aired on public television stations nationwide and have been screened at numerous venues throughout the U.S.

Cintia's films shine a light on local people places and history. Her documentaries have explored the lives and work of a Black aunt and niece who became accomplished artists in segregated Washington, D.C., the use of labyrinths as tools for meditation and stress reduction, and the historical significance of an 88-year-old carousel.

### Production Credits: A Community of Gardeners

#### PRODUCER

Cintia Cabib

#### CAMERA AND SOUND

Cintia Cabib John Z. Wetmore

### EDITOR

#### Cintia Cabib

### MUSIC COMPOSED BY

Adam A. Johnson

#### ADDITIONAL MUSIC

DeWolfe Music

#### TITLE ANIMATION

Leila Cabib

### ARCHIVAL MATERIAL COURTESY OF

Richard Barr/The Trust for Public Land Bishop Museum Burton Historical Collection, Detroit Public Library The Detroit Historical Society GrowNYC Honolulu Star-Advertiser Library of Congress Donald Loggins National Archives Ohio Historical Society South End Lower Roxbury Open Space Land Trust Walter P. Reuther Library, Wayne State University Film footage of the "M" logo and other intellectual property, which depicts the Metro system in Washington, D.C., was provided by the Washington Metropolitan Area Transit Authority

TRANSLATION

Cintia Cabib Etta Klosi

### FISCAL SPONSOR

Video/Action

#### THANK YOU

The gardeners and staff at:

C. Melvin Sharpe Health School City Blossoms Common Good City Farm Fort Stevens Community Garden Marion Street Garden Melvin Hazen Community Garden Pomegranate Alley Community Garden 7th Street Garden Washington Youth Garden

THANK YOU

Bread for the City Lindsay Campbell Susan Fields Ginkgo Gardens Betsy Johnson Laura Lawson National Park Service Neighborhood Farm Initiative Sharonda Newsome Mark Pagán

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